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WHERE COULD TECHNOLOGY SOLUTIONS PROVIDE SUPPORT?



BACKGROUND & CONTEXT

Wearables for Wellness is a two-year research project partnership between the Oklahoma Department of Human Services, Oklahoma State University's Center for Developmental Disabilities, Oklahoma ABLÉ Tech, and the University of Kansas Center on Disabilities' State of the States team.

PROJECT PARTNERS



WEARABLES FOR WELLNESS GOALS

To explore the accessibility features of wearable devices



To understand how wearable devices can help adults with I/DD with self-directing their health



To help healthcare providers learn about accessible wearable technology



MAIN FINDINGS

According to the Wearables for Wellness Program participants, Technology Solutions could provide support for the following sensory, memory, and executive functioning challenges:



54%

of participants say that Technology Supports could support remembering things



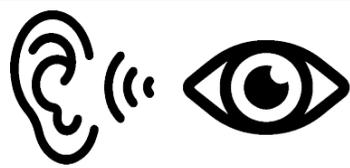
59%

of participants say that Technology Supports could support daily living tasks



31%

of participants say that Technology Supports could support communication



61%

of participants say that Technology Supports could support hearing and seeing



13%

of participants say that Technology Supports could support mobility.

DEFINITIONS



EXECUTIVE FUNCTIONING

A set of mental skills that help a person plan, remember things, and manage tasks to achieve their goals.

ABOUT THE STATE OF THE STATES



State of the States
In Intellectual and Developmental Disabilities

The State of the States in Intellectual and Developmental Disabilities Project is a national longitudinal comparative study of financial and programmatic trends in spending on supports and services for people with intellectual/developmental disabilities (I/DD) in the United States. The project is funded by the U.S. Administration on Community Living as a Longitudinal Data Project of National Significance.

Source: Tanis, E.S., et al. (2026). The State of the States in Intellectual and Developmental Disabilities, Kansas University Center on Disabilities, Life Span Institute, University of Kansas. www.stateofthestates.ku.edu